

**LoFric<sup>®</sup>**



**LoFric catheters:  
Proving themselves  
day in, day out**



[www.lofric.us](http://www.lofric.us)



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# The LoFric Family



## LoFric Primo – Convenience for daily use

LoFric® Primo™ is packaged with its own sterile water – users can safely catheterize even where there is no sterile water source available. The packaging keeps the water separate from the catheter until activation. It's easy to fold, which makes it discreet to carry. LoFric Primo is a perfect solution for users who are active and out of the home frequently.

FR 06 08 10 12 14 16 18

### Features

- Foldable and discreet.
- Large loops for opening and hanging.
- Adhesive on back for hanging up the package.
- Sterile water included. Pop water sachet to activate.
- Handling aid. A firm grip without needing to touch the catheter with your fingers.
- Urotonic™ Surface Technology for low friction and maximum comfort.



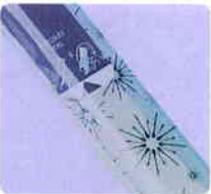
## LoFric Hydro-Kit – Anywhere, anytime

LoFric® Hydro-Kit™ is a truly all-in-one catheter system – it includes the catheter, a water sachet and an integrated urine collection bag. Wheelchair users find it particularly convenient, and its collection bag also makes it ideal for patients who find it difficult to access the toilet. LoFric Hydro-Kit offers the reassurance and freedom to catheterize safely wherever the user is, whenever needed, whether toilet facilities are available or not.

FR 08 10 12 14 16 18

### Features

- Graduated collection bag, 1000 mL.
- Loop to hang the bag or insert your thumb to hold it.
- Sterile water included. Pop water sachet to activate.
- Possibility to separate catheter from collection bag.
- Urotonic™ Surface Technology for low friction and maximum comfort.
- Handling aid. A firm grip without needing to touch the catheter with your fingers.



## LoFric Sense – Designed for real life

LoFric® Sense™ is extra small and discreet – yet still long enough to empty the bladder completely – LoFric Sense includes everything needed for safe and comfortable catheterization anywhere. Free from PVC and phthalates.

FR 08 10 12 14

### Features

- Sterile water included. Instant activation.
- User-friendly handle provides a good grip and no-touch technique.
- Urotonic™ Surface Technology for low friction and maximum comfort.



## LoFric Origo Coudé – Be You

LoFric® Origo™ Coudé is the instantly-activated male catheter that is easy to carry and use anywhere. Its unique Insertion Grip provides extra control with no need to touch the catheter tube, ensuring safe and hygienic catheterization. Free from PVC and phthalates.

FR 10 12 14 16 18 20

### Features

- Sterile water included. Instant activation.
- Discreetly packaged and foldable to pocket size.
- Urotonic™ Surface Technology for low friction and maximum comfort.
- Free from PVC and phthalates.



## LoFric – Original all-purpose

LoFric® is our original low-friction catheter. It is an all-purpose catheter, ideal both for busy hospitals and users at home. LoFric requires clean water for activating the Urotonic™ Surface Technology low-friction coating on the tubing.

FR 06 08 10 12 14 16 18 20 22

### Features

- Urotonic™ Surface Technology for low friction and maximum comfort.



## LoFric Dila-Cath – Frictionless dilation

LoFric® Dila-Cath™ is specially designed for treatment of recurrent urethral strictures. It is easy and hygienic to handle and is coated with low-friction Urotonic™ Surface Technology to minimize discomfort and risk of complications. LoFric Dila-Cath does not have drainage eyes and, therefore, is not suitable for bladder emptying.

FR 16 18

### Features

- No catheter drainage eyes.
- Urotonic™ Surface Technology for low friction and maximum comfort.
- Straight catheter tip only.

## Introduction to LoFric – proven over time

Introduced in 1983, LoFric® was the world's first hydrophilic urinary catheter for clean intermittent self-catheterization (CIC). At the time, it was a revolution, replacing the need for inconvenient and less effective gels and making catheterization easier, safer and more comfortable.

Today hydrophilic catheters are common. But they are not all the same. The tube coating formula and other features vary between the products. LoFric catheters all feature unique Urotonic™ Surface Technology, a coating that makes the tube's surface layer isotonic to urine, ensuring extremely low friction between the catheter and urethra. Urotonic™ Surface Technology is only available on LoFric catheters.

Thanks to this special coating, LoFric catheters are the only ones proven to minimize long-term health complications over time. LoFric has been studied and assessed in third party, independent medical reviews many times since its introduction. Today there is convincing clinical evidence supporting the LoFric record of minimizing long-term health complications for CIC users.\*

The LoFric family of catheters and accessories offers a solution for almost any user need. These developments were made in close cooperation with medical professionals and CIC users. This means that LoFric catheters are available in a wide range of catheter types, sizes and kits and include smart features designed to make CIC as easy, comfortable and safe as possible in any situation.

This guide provides a brief introduction to each LoFric catheter – for further information, please contact your Wellspect HealthCare representative or our team directly:

info-lofric-usa@wellspect.com  
1-877-4-LOFRIC  
(1-877-456-3742)

\*Wyndaele et al, 1990; Perrouin-Verbe et al, 1995; Waller et al, 1995; Bakke et al. 1997.



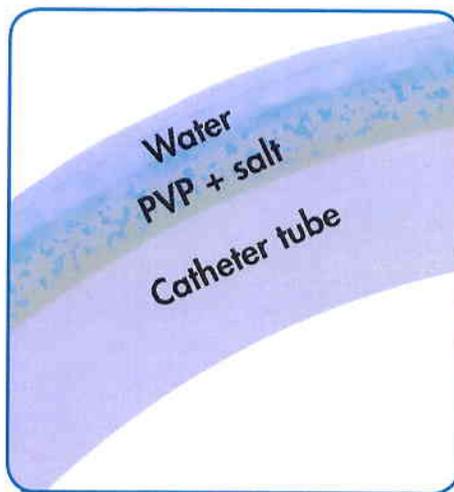
# Urotonic™ Surface Technology

## – low friction during the entire catheterization

LoFric catheters are the only ones available with Urotonic™ Surface Technology. This catheter tube coating has been proven time and again, over many years, to be more comfortable and less harmful than other friction-minimizing solutions, such as lubrication gel (see references on this page).

This surface makes catheterization safer and more comfortable not only on insertion, but also during removal. The reason for minimal friction during the entire catheterization is because the surface coating is both:

- **Hydrophilic**  
to attract water
- **Isotonic**  
to retain water



The outer layer of the catheter – the Urotonic™ Surface Technology consists of a thin polyvinylpyrrolidone (PVP) layer that together with salt, in the right concentration, binds water on the surface of the catheter. This ensures the catheter tube remains smooth, comfortable and safe throughout catheterization.

A hydrophilic surface is created that is isotonic to urine – meaning the salt content on the surface is the same as in the urethral environment. The salt attracts and binds water to the catheter tube. Because the salt content on the catheter is the same as in the urethra, water does not migrate from the catheter surface into the surrounding urethral tissue, it instead stays in place keeping the catheter lubricated.

If the salt content on the catheter coating were to be lower than in the urethra, the water on the catheter surface would be absorbed into the urethral tissue. In this case, the catheter, (although lubricated going into the body), would dry out, causing friction and sticking on its way out of the body. LoFric catheters are the only catheters on the market with enough salt to match that in the body. Therefore, LoFric catheters slide in and out of the urethra in a smooth way – making catheterization more comfortable and safe over time for their users.



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## Convenience for daily use

### Features

*Large loops for opening and hanging.*

*Adhesive area on back for hanging up the package.*

*Sterile water included. Pop water sachet to activate.*

*Insertion aid. A firm grip without needing to touch the catheter with your fingers.*

*Urotonic™ Surface Technology for low friction and maximum comfort.*

*Smooth catheter eyes.*

*Foldable and discreet.*

### LoFric Primo

LoFric® Primo™ is packaged with its own sterile water – users can safely catheterize even where there is no clean water source available. The packaging keeps the water separate from the catheter until activation. It's easy to fold, which makes it discreet to carry. LoFric Primo is a perfect solution for users who are active and out of the home frequently. Available in sizes for men, women and children. Not made with natural rubber latex.

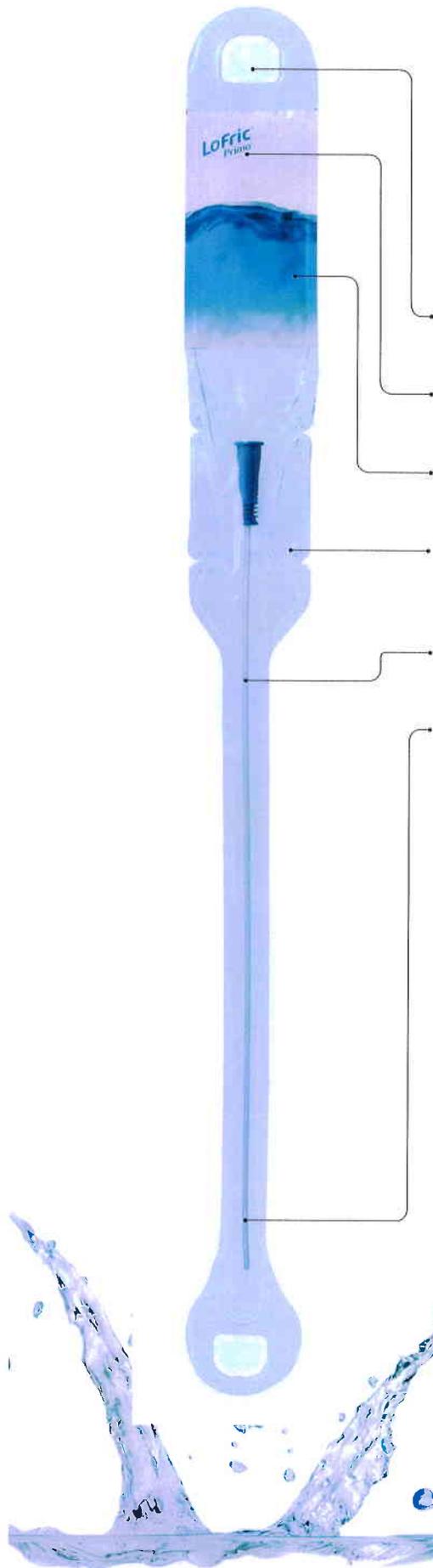


### Tips!

#### Discreetly convenient

Specially designed LoFric Primo carrying bags keep catheters easily at hand and reassuringly out of sight.

Contact our Customer Service team at the phone number or email address on page 18 of this catalog to order these products at no cost to our users.





# Anywhere, anytime

## Features

*Water sachet with sterile water.  
Fold and press to activate.*

*Graduated 1000 mL collection bag.*

*Loop to hang the bag or  
insert your thumb to hold it.*

*Tear point for emptying the bag  
(when desired).*

*Possibility to separate catheter from  
collection bag.*

*Urotonic™ Surface Technology for  
low friction and maximum comfort.*

*Handling aid. A firm grip without  
needing to touch the catheter with  
your fingers.*

*Smooth catheter eyes.*

## LoFric Hydro-Kit

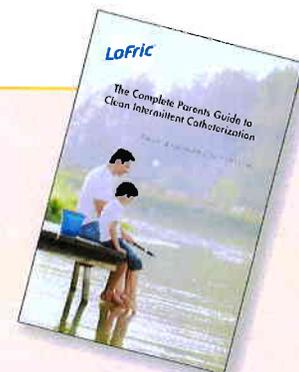
LoFric® Hydro-Kit™ is a truly all-in-one catheter system – it includes the catheter, water sachet and integrated urine collection bag. Wheelchair users find it particularly convenient, and its collection bag also makes it ideal for bedridden patients in need of post-op bladder emptying. LoFric Hydro-Kit offers the freedom and reassurance to catheterize safely wherever the user is, whenever needed, whether toilet facilities are available or not. Available in sizes for men, women and children. Not made with natural rubber latex.

### Tips!

## CIC for Children

Kids and parents often have CIC questions and concerns – everything from understanding how their body works to explaining CIC to friends and teachers.

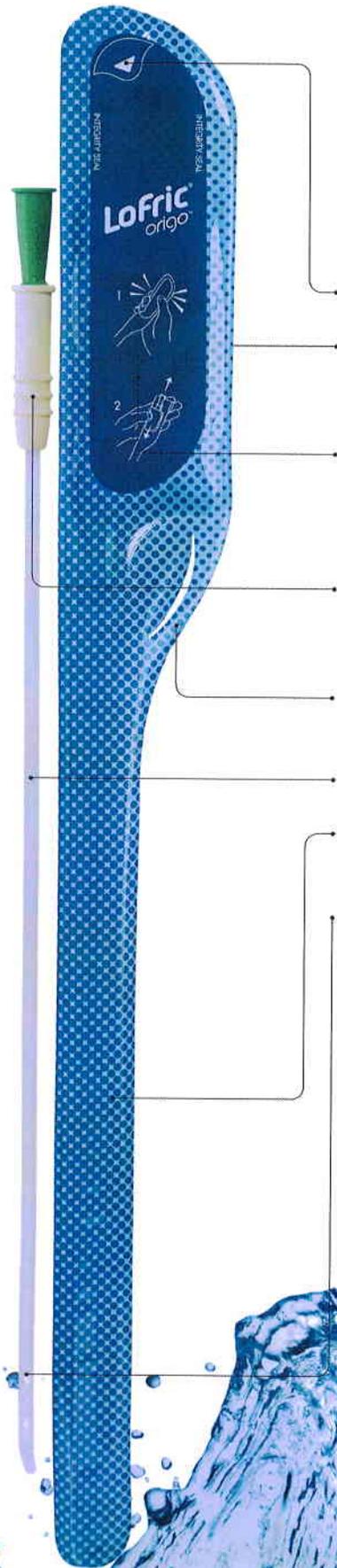
Wellspect HealthCare offers a helpful resource at [www.lofric.us](http://www.lofric.us) just for kids, including games, activities and more. Parents will find useful help, answers and tips here also.



Please contact our Customer Service team (contact information on page 18 of this catalog) if you would like to request literature containing special information for pediatric users.



# Be You with LoFric Origo



## Features

- Peel open.*
- Adhesive tab on the back for reliable attachment to any dry and clean surface.*
- Instant activation – always fresh. All it takes is a gentle squeeze to activate LoFric Origo with the salt solution.*
- Adjustable Insertion Grip for better grip and control with no need to touch the catheter tube.*
- Foldable into a handy, discreet pocket size.*
- Free from PVC and phthalates.*
- Discreet packaging, doubles as a hygienic disposal pouch.*
- Smooth eyelets for maximum comfort.*
- Foldable and discreet.*

## LoFric Origo

LoFric® Origo™ is the instantly-activated male catheter that makes life easier for experienced users and beginners alike. Discreetly packaged and foldable, LoFric Origo is easy to carry and use anywhere you happen to be. Its unique Insertion Grip provides extra control with no need to touch the catheter tube, ensuring safe and hygienic catheterization. Not made with natural rubber latex.



## Tips!

### Join our user panel, TellUs

**We're turning to the country's leading experts to help us improve the future of self-catheterization.** At Wellspect HealthCare, we continually work to develop and improve products for Clean Intermittent Catheterization (CIC) and Clean Intermittent Dilatation (CID) – and we can't do it without the valuable input from catheter users.

TellUs is a means for a close dialogue with people who practice CIC/CID and, as a panel member, you will be asked to participate in web-based

surveys. Initially, we will ask you to register contact details, data about your age and gender, as well as some information about your use of catheters. Your personal data will not be linked to your answers with any questionnaires. You can also at any time notify Wellspect HealthCare if you wish to cancel participation.

To join, visit [www.lofric.us/tellus](http://www.lofric.us/tellus) and click on register now. Or email us to join at [tellus-usa@wellspect.com](mailto:tellus-usa@wellspect.com).





## Designed for real life

### Features



*User-friendly handle provides a good grip and no-touch technique.*

*Adhesive tab on the back for reliable attachment to any dry and clean surface.*

*Instant activation – always fresh. All it takes is a gentle squeeze to activate with the salt solution.*

*Peel open.*

*Optimal tube length for complete bladder emptying.*

*Free from PVC and phthalates.*

*Smooth eyelets for maximum comfort.*

*Discreet design.*

*User friendly dispenser box.*

### LoFric Sense

LoFric® Sense™ is an attractive choice for women. Extra small and discreet – yet still long enough to empty the bladder completely – LoFric Sense includes everything needed for safe and comfortable catheterization anywhere. LoFric Sense is tailor-made for women. Not made with natural rubber latex.



### Tips!

#### LoFric.us - your one stop for everything catheterization!

Professionals will see downloadable patient information material, clinical study information and resources for producing your own presentations.

And for LoFric users... we have answers to catheterization questions, instructions, information on the urinary system, plus much more on one intuitive, in-depth and easy-to-use site.

Video introduction to catheterization for new users. Tools and tips for parents of children who require catheterization, plus downloadable learning activities for children and helpful tips and tricks for patients.

**Visit [LoFric.us](http://LoFric.us), the one stop professional and patient resource for everything catheterization.**



## Original all-purpose

### Features

The funnels have different colors depending on the diameter of the catheter. Can be attached to a standard urine collection bag or extension line.

Urotonic™ Surface Technology for low friction and maximum comfort.

Smooth catheter eyes.

### LoFric

LoFric® is our original low-friction catheter. It is an all-purpose type of catheter that is ideal both for busy hospitals and for users at home. LoFric requires sterile water for activating the low-friction coating on the tubing. Available in sizes for men, women and children. Not made with natural rubber latex.

### Tips!

#### Wellbeing

Call us or email our Marketing team at [marketinglofric-us@wellspect.com](mailto:marketinglofric-us@wellspect.com) if you would like to sign up for our publication completely free of charge. Wellbeing features professional articles, tips and resources for catheter users, their family and caregivers. We are also happy to provide copies to professional offices for distribution to your patients or for waiting areas.

Please be sure to indicate whether you would like to receive printed copies via U.S. Mail or an electronic copy via email.





## Self-dilatation with protection

### Features

- The funnels have different colors depending on the diameter of the catheter.*
- Urotonic™ Surface Technology for low friction and maximum comfort.*
- No catheter eyes.*
- Straight catheter tip only (not available in coude).*

### LoFric Dila-Cath

LoFric® Dila-Cath™ is specially designed for treatment of recurrent urethral strictures. It is easy and hygienic to handle and is coated with low-friction Urotonic™ Surface Technology to minimize discomfort and risk of complications. LoFric Dila-Cath does not have drainage eyes and, therefore, is not suitable for bladder emptying. Available only in the 16" length. Not made with natural rubber latex.

### Tips!

#### Support Tools

All LoFric users are offered special tools to assist with catheterization at no charge.

The Mirror can be a helpful tool to make it easier for females to locate the urethra, especially when first learning to catheterize.

The EZGrip provides a better grip on the LoFric catheter for those with limited hand dexterity.

The Clip helps to close the urine collection bag on the LoFric Hydro-Kit after use. Helpful for those lacking the manual dexterity to seal the bag by tying a knot.



## Proven performers for any situation

The LoFric family includes a solution for almost any catheterization need. Each LoFric catheter was designed in close consultation with both users and medical professionals. All LoFric catheters include unique Urotonic™ Surface Technology ensuring very low friction insertion and removal. LoFric catheters are the only hydrophilic catheters with clinical evidence supporting their effectiveness at minimizing the risk for health complications over time (see references on page 3).

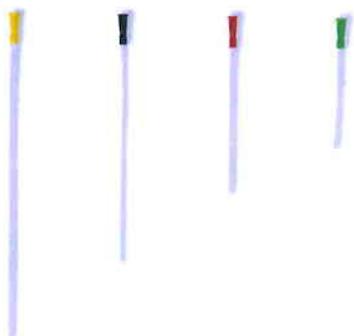
## The widest assortment of user-friendly sizes

LoFric catheters are available in an assortment of diameters, lengths and tips for men, women and children. LoFric catheters are not made with natural rubber latex.



### Four different lengths:

For men: 16 inches  
For women: 6 and 8 inches  
For children: 8 and 12 inches



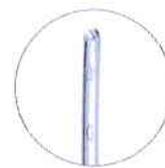
### Nine different diameters:

The funnel is colored to reflect a corresponding diameter size. The diameter of the catheter tube is measured in French units (FR), where **1 FR = 0.33 mm** in diameter. The wider the tube size, the higher the number.

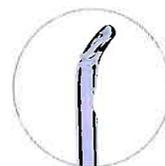


### Two different types of tips:

- **Straight** (rounded, slightly tapered – most common)



- **Coude** (curved tip for those who have difficulty passing a straight catheter)



### Available Sizes and Features

		Length (in)	French (FR)	Men	Women	Children	Straight	Coude	Urotonic™ Surface Technology	Water included	Foldable	Handling aid	Collection bag
<b>LoFric® Primo™</b>	Convenience for daily use	6, 8, 16	6FR–18FR	✓	✓	✓	✓	✓	✓	✓	✓	✓	
<b>LoFric® Hydro-Kit™</b>	Anywhere, anytime	8, 16	8FR–18FR	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
<b>LoFric® Sense™</b>	Designed for real life	6	8FR–14FR		✓	✓	✓		✓	✓			
<b>LoFric® Origo™</b>	Be You with LoFric Origo	16	10FR–18FR	✓				✓	✓	✓	✓	✓	
<b>LoFric®</b>	Original	6, 8, 12, 16	6FR–22FR	✓	✓	✓	✓	✓	✓		✓		
<b>LoFric® Dila-Cath™</b>	Frictionless dilatation	16	16FR–18FR	✓	✓		✓		✓		✓		

# Insurance Coverage

## Medicare

Intermittent catheterization is covered when basic coverage criteria are met and the patient or caregiver can perform the procedure. Patient must have permanent urinary retention or permanent urinary incontinence (lasting at least 3 months). For each episode of covered catheterization, Medicare will cover:

- One catheter (A4351, A4352) up to 200 per month; or
- One catheter and one sterile insertion supply kit (A4353) if additional coverage criteria are met (see below).

Medicare patients may obtain coverage for sterile insertion supplies under Medicare code A4353, if they meet the basic coverage criteria listed above AND at least one of the following criteria:

- Recurrent urinary tract infections (At least two symptomatic UTIs within a 12 month period on a program of single use intermittent catheterization)
- Patient is immunosuppressed, for example: taking immunosuppressive drugs post-transplant, taking chemotherapy for the treatment of cancer, has AIDS, or is taking oral corticosteroids
- Patient has vesicoureteral reflux while on a program of intermittent catheterization.
- Patient is a female with spinal cord injury and neurogenic bladder who is pregnant (for duration of pregnancy only)
- Patient resides in a nursing facility

## Medicaid

Most state Medicaid programs provide coverage for LoFric products, but it varies depending on that particular state's insurance guidelines.

## Private Insurance

With most plans, private pay insurance covers the LoFric catheters. Each insurance plan generally has one policy for intermittent catheter coverage which typically follows Medicare guidelines and does not differentiate by brand. In some cases documentation may be required. Each plan varies and our Customer Service team is available to help determine insurance coverage.